

Pledge Form - PVPHS Walk for Life - February 21, 2020

PARTICIPANT'S INFORMATION – PLEASE PRINT CLEARLY!!!

Last Name: _____ First: _____ Phone #: _____

T-Shirt Size (circle one): S M L XL XXL NONE

Circle one: STAFF COMMUNITY MEMBER STUDENT Student ID # _____

In order to participate in the Walk, a minimum amount of \$30.00 in total must be raised or donated.
Proceeds will benefit Project ALS.

Please make checks payable to "PVPHS Walk for Life"

This pledge form and permission slip (signed on the front AND back) should be returned to the Activities Office (P115) by **Wednesday, Feb 19 by 2:00 pm**. You can mail this form and a check to: PVPHS Walk for Life attn: Season Pollock 27118 Silver Spur Road/ Rolling Hills Estates, CA 90274 - as long as it is **received by Feb. 19**.

The Walk begins at 1:00pm on February 21st at Peninsula High School's football field.

Every participant will receive a free t-shirt.

Questions? Contact Season Pollock at 310-377-4888 x 708 or pollocks@pvpusd.net

<u>SPONSOR NAME</u> <small>(If different from Participant)</small>	<u>PLEASE ENTER YOUR CHECK # or write "CASH"</u>	<u>DONATION AMOUNT</u> <small>(\$30 minimum)</small>

During the Walk for Life ceremony, participants will be given a small baggy that has blue powder in it, and the students will throw the blue powder up in the air. The powder is made with high quality cornstarch and food dyes. All materials are 100% FD&C and/or D&C grade and approved by the US FDA. However the powder is not designed for consumption. Although all the materials are food grade we do not recommend inhaling large quantities of color powder. Anyone who has asthma, is allergic to any of the ingredients or has any respiratory issues should exercise caution when participating in color powder events. The color powder washes out of most clothing. However, it can stain some materials. 100% cotton clothing is recommended and typical machine washing with stain remover, removes the stains. We recommend removing excess powder from clothing before washing and/or applying water. Just as with clothing we recommend shaking off all excess powder before exposing to water. Normal soap and water should remove color powder from skin and hair. Some color does tend to linger for a few days especially on blonde hair. If you are worried about staining, we recommend applying a moisturizer to skin and coating your hair with a small amount of coconut or olive oil before the event.

Signature of parent/guardian, giving permission for student to throw powder in air

Date

Please return this form to Room P115 by **Wednesday, February 19, 2020 by 2:00 pm**.

Please attach your cash or check (payable to *PVPHS – Walk for Life*) with a paperclip (please do not staple).

***** Students must complete the back side of this form, which is the permission slip. *****
***** Parent/Guardian and Teachers' signatures required on the permission slip to walk. *****

**Parent/Guardian and Teachers' Permission to Participate in the
Walk for Life during 5th and 6th Period on Friday, February 21, 2020**



**PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT
Request to be Out of Class for Field Trip**

REQUEST TO BE OUT OF CLASS:

(TO BE COMPLETED 3 DAYS PRIOR TO THE DAY OF THE TRIP)

Student _____ Date _____

I request permission for this student to be excused from Period(s):

0 1 2 3 4 5 6 7

on 2/21/20 to attend:
(Date)

Activity: Walk for Life for ALS

<u>CLASS SCHEDULE</u>			
The teacher is to initial under "Yes" or "No" indicating acknowledgment of the absence.			
Period	Subject	Teacher	
		Yes	No
0			
1			
2			
3			
4			
5			
6			
7			
8			

VERIFICATION OF FIELD TRIP ATTENDANCE

Student Name _____ was on a field trip Period(s) 0 1 2 3 4 5 6 7 8

on _____
(Date)

Teacher Signature: _____

Date: _____

Signature of parent/guardian, giving permission for student to miss 5th and 6th Period on 2/21/20

Date

**** Students must complete the front side of this form, which is the Registration to Walk. ****
***** Parent/Guardian signature required on the front side to use powder. *****